



A directory of businesses that are truly local to Norfolk

Autumn & Winter
2021/22 Edition
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FOREWORD FROM OUR CHAIRMAN, GLYNN BURROWS

Buy Local Norfolk (BLN) is not-for-profit Social Enterprise and our main purpose is to raise the profile of businesses which are truly local to Norfolk. We believe that supporting local, independent businesses is absolutely key to Norfolk's success.

We aim to Promote, Assist and Connect our members through a variety of events, activities and projects, helping them to thrive and thus improve their community too.

Locally owned, independent, businesses will retain more money within their own community, keeping the county's economy buoyant and ensuring Norfolk retains its own, much loved, identity.

Whatever your personal or business needs, it's well worth giving this directory a read, to see if there's a local business which can help you.

CONNECT WITH US:

Online: buylocalnorfolk.org.uk

Social media: @buylocalnorfolk

Email: info@buylocalnorfolk.org.uk

Call: 01362 760006

The Enterprise Centre University of East Anglia
Norwich Research Park, Norwich NR4 7TJ



"Local businesses are at the heart of our economy with independent businesses providing great products and services. Shopping local allows more jobs and opportunities in Norfolk as well as greater choice and more sustainable communities. The pandemic has highlighted the importance of local produce and supply chains so continuing to support them is vital as we start to rebuild our local economy."

James Wild
MP for North West Norfolk



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I'm Pip and I run Leave a trail. I'm a marketing communications specialist, coach and mentor. My ethos is that sometimes it's about leaving a trail rather than following a path... Let me help you leave a trail too.

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NORWICH PRINT SOLUTIONS

norwichprintsolutions.co.uk | 01603 430730 | sales@norwichprintsolutions.co.uk
Sapphire House, Roundtree Way, NR7 8SQ



Norwich Print Solutions was established in 2005 and is owned and managed by husband and wife team, Pippa and Mark Redmond. Between them they boast over 50 years' experience in printing and pride themselves on offering a personalised service, combined with excellent quality and value for money.

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Big C is Norfolk's Cancer Charity. Since 1980, with the support of the local community, we've been working to improve the lives of local people affected by cancer. Through our local Support and Information Centres, funding research into cancer, and medical equipment in local hospitals. Registered Charity No. 281730

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benjaminfoundation.co.uk | 01603 615670 | info@benjaminfoundation.co.uk
23-27 St Andrews St, Norwich, NR2 4TP



The Benjamin Foundation

The Benjamin Foundation is a Norfolk based charity which is expanding to deliver services in neighbouring counties. We support 2,000 children, young people and families every year with issues like homelessness and helping to build stronger family relationships. Our work is delivered in King's Lynn, Great Yarmouth, North Walsham, Thetford, Norwich, Aylsham, Fakenham and over 80 schools. Everything we do provides hope, opportunity, stability and independence to the people we support.

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katie@joineryworkshopnorfolk.co.uk
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The Joinery Workshop North Norfolk is a family-run business. From renovations, restorations and barn conversions to listed properties and new builds, we employ the latest manufacturing methods and techniques to create a wide range of bespoke joinery items, all of which retain traditional details to comply with latest regulations.

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I'm Mary, a Norwich-based, people-loving photographer who aims to make your personality shine out of your images. Photography services I offer include weddings, family shoots, newborn, property, commercial product, events and headshots. My goals? Making the customer super happy and supporting other Norfolk small businesses to grow and be successful.

HEATHER FLINT – BESPOKE SEAMSTRESS & ARTISAN

07740 680966 | heather.flint.seamstress@gmail.com



Heather Flint – Bespoke seamstress creating Special Occasion clothing – including wedding and bridesmaid dresses; flower girl and page boy attire; Mother-of-the-Bride or Groom ensembles; christening and confirmation outfits; party wear; day wear for both adults and children. Heather has even made costumes for professional performers. Alteration service available.

JBS DOG PHOTOGRAPHY

jbsdogphotography.co.uk | 07747 544920 | smile@jbsdogphotography.co.uk
Lynn Road, Swaffham, PE37 7PT



A dog studio portrait experience is something really special with amazing results for you to treasure forever and that is why Jim and Karl from JBS Dog Photography designed and renovated a studio in sunny Swaffham specifically for Dog Photography.

MARYANNE OLD ART

maryanneold.com | enquires@maryanneold.com



Maryanne is a Norfolk artist based at her cottage studio. Maryanne loves to paint and is lucky enough to be able to paint in many different mediums. Her work is hugely influenced by nature, especially her garden and she has a particular love for insects, flowers and birds.

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thedigbysart.com | 07979 671392 | thedigbysare@gmail.com



I work with venues, buyers and artists and create art exhibitions and Digbyevents. I am always on the look out for suitable venues. I have contacts with artists and can source artworks to suit your taste and budget.

THE NORFOLK ARTIST

thenorfolkartist@gmail.com



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Anglia Free Range Eggs Ltd. are producers and packers of free range eggs. We can supply delicious locally produced free range eggs into the food service, wholesale and retail sectors. Our goal is simple... to supply delicious free range eggs produced to the highest quality and welfare standards from our family of farms all located in East Anglia.

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boudiccabrewing.co.uk | 07864 321733 | info@boudiccabrewing.co.uk



We are an independent Norfolk brewery, set up in 2015 to brew great beer that is true to Norfolk's great brewing tradition. All our beer is made from high quality ingredients and suitable for vegans and vegetarians; free from isinglass finings or any other animal products.

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cofeeexpress.org.uk | 01692 403176 | davidcofeeexpress@hotmail.co.uk
The Barn, Holgate Rd, North Walsham, NR28 9LP



Tea and coffee merchants to the catering industry, serving Norfolk and Suffolk. We offer a wide range of locally roasted coffee with a reliable friendly service, we also have a very good selection of teas, chocolates and much more. We also sell, rent and finance coffee machines with full barista training installation and servicing.

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cookieskitchen.co.uk | 07786 271227 | hello@cookieskitchen.co.uk



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drinklinkvending.co.uk | 0800 3166920 | sales@drinklinkvending.co.uk
120 The Street, Kettlestone, Fakenham, NR21 0AU



Drinklink Vending Services is a local business providing commercial coffee machines to businesses and caterers across Norfolk. We offer a wide variety of machines and a large selection of hot drinks to suit business and events of any size. Our in-house engineers provide support for all of our machines.

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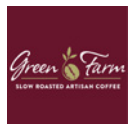
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Green Farm Coffee are small batch, artisan coffee roaster where our beans are roasted, cooled, packed and sent straight to our customers, you can even purchase small bags of our coffee on our website. Our beans are roasted on site in Norwich.

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Taverham



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Moon Gazer Barn, Harvest Lane, Hindringham, NR21 0PW



Norfolk Brewhouse is owned and run by Rachel and David Holliday, supported by a dedicated small team – all sharing a passion for crafting distinctive, high-quality beers and lager. The brewery started in 2012, has breathed new life into a redundant old barn, surrounded by arable farmland in North Norfolk.

NORFOLK GIN

norfolkgin.co.uk | 01603 559047 | jonathan@norfolkgin.co.uk
PO Box 3735, Norwich, NR7 7GP



Norfolk Gin is sold in white ceramic bottles and can be refilled. Norfolk Gin was the first gin in Norfolk for many decades. Sold in many independent retailers and directly to the licensed trade.

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Walnut Tree Farm, Easthaugh Road, Lyng, NR9 5LN



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colemanopticians.co.uk | 01603 624564 | info@colemanopticians.co.uk
7-11 Saint Augustines Street, Norwich, NR3 3DH



Coleman Opticians, Norwich are a family run independent opticians. We aim to be family focussed and have developed an area dedicated to children. Quality eye-care and affordable eye-wear has been the motto for this successful business celebrating very nearly 75 years in St Augustines Street, Norwich.

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19 Castle Street, Norwich, NR2 1PB



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carole@ninjamolecatchernorfolk.co.uk
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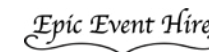
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Kelling Estate, Holt, NR25 7EW



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WELLINGTON WOOD

wellingtonwood.co.uk | 01842 879574/07823 331235

vicky@wellingtonwood.co.uk | Wellington Wood, Northwold, IP26 5NP



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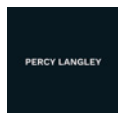
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ETT Photography

"Great to be a member of this super friendly group of people, full of enthusiasm and oozing encouragement for local businesses! Thank you :)"

Randell's Footcare

"My company has been a member of Buy Local Norfolk for 5 years or more. I love the monthly networking, and being involved in events and meeting so many of the great members. The aims of BLN are important and the more people and businesses that follow the rule of buying from at least 5 local suppliers will increase the value of the local economy."

TBS Norfolk

The benefits of being a member of Buy Local Norfolk



By joining Buy Local Norfolk you are becoming part of something unique. For the ultra-low membership fee of just £120 per year, you get all this:

Promote

- Free e-directory business profile page
- Free printed directory listing
- Active social media engagement tag us @buylocalnorfolk
- Authorised use of BLN Branding & marketing materials
- Affordable print advertising options
- Event sponsorship opportunities
- Grab a speaker slot at our networking events
- Write a guest blog and we'll promote it
- Add your events to our online calendar.

Assist

- Free listing in the online shop for all members to support online sale opportunities
- We're a kickstart gateway - submit your vacancies through us and we'll support you with training and the fine print (last application sin by December 2021)
- Check out our Supporter Members to see if they can help with something you need
- View our member2member offers to see if there's anything you'd find useful
- Use our private members Facebook group to ask for advice, guidance, share experiences etc

- Our team our always on hand if you need us, just email office@buylocalnorfolk.org.uk and we'll reply as swiftly as possible.
- Free use of equipment such as gazebo's, presentation equipment, etc.

Connect

- Come along to our networking events to connect with other local businesses and members
- Engage in our private members Facebook group to forge more and stronger connections
- Connect with the public and other businesses by interacting in our public Facebook group - Buy local To help Local
- Take part in BLN events and/or support your fellow members, it's a great opportunity to connect
- Sign up to help run a BLN stand at local events to connect with consumers and other members
- Add your own member to member offer to encourage members to try out your services and get to know you better.
- Tell us who you'd like to connect with, we may be able to introduce you!

TO JOIN, SIMPLY VISIT

buylocalnorfolk.org.uk/join-buy-local

Scan to join:



MEMBERSHIP LIAISON

Hello, I'm Connie, your first point of contact for anything membership-related. I was one of Buy Local Norfolk's first Kickstart recruits and I was so happy to be offered full-time employment at the end of my placement. I have loved getting to know our members and built up many new skills sets during my time with BLN and I'm very excited to continue in my new role as Membership Liaison.



William is our latest Norfolk born and bred kickstart recruit who loves sunny weather and being outside. He also has a good grounding in events planning so will be a great addition to the team in supporting our events, a strong interest in marketing and you'll be getting to know him well as he interacts with you all across our social channels. William is excited to meet new people and represent Buy Local Norfolk at our member events.

Join Now!

By joining Buy Local Norfolk you are becoming part of something important. We are a community of like-minded people who all run an independent business, rooted in Norfolk, with a shared interest in strengthening the local economy.

Apply here:
buylocalnorfolk.org.uk/join-buy-local

Scan to join



BUY LOCAL NORFOLK SUPPORTER MEMBERSHIP

Over the years, we have come across some fantastic organisations and individuals who are right behind the Buy Local Norfolk ethos. However, for one reason or another, they're not eligible to become a member.

That's why we offer a Buy Local Norfolk Supporter Membership option. We hope this provides a route for non-eligible organisations and individuals to show their support for our cause and our members.

What is a supporter member?

A supporter member is a definable individual, group or organisation (one with a generally recognisable brand or title) which meets our criteria for supporter membership and shares our pride and passion for the brilliant county of Norfolk.

A supporter member would typically be a public sector, community or social enterprise organisation. Our supporter members have a desire to help and support Buy Local Norfolk and/or its members.

Like to know more? Please visit buylocalnorfolk.org.uk/supporter-members-directory

OUR SUPPORTER MEMBERS:



BROADLAND DISTRICT COUNCIL TRAINING SERVICES

broadland.gov.uk/training | 01603 788950 | carrowbreck@broadland.gov.uk
Carrowbreck House, 7 Carrowbreck Road, Hellesdon, Norwich, NR6 5FA



NORTH NORFOLK DISTRICT COUNCIL

north-norfolk.gov.uk | 01263 516009
economic.development@north-norfolk.gov.uk
Council Offices, Holt Road, Cromer, NR27 9EN



THE ENTERPRISE CENTRE AT THE UEA

uea.ac.uk/adapt/the-enterprise-centre | 01603 591366
theenterprisecentre.reception@uea.ac.uk
University of East Anglia, Norwich Research Park, Norwich, NR4 7TJ

YOUR BUY LOCAL DIRECTORS



Glynn Burrows

I became a Director of Buy Local Norfolk because I want to influence what we do as a group. My own aim is to get the powers that be, to realise just how important it is that we all spend our money with local independent businesses. I would love to see all of our local councils and all establishments within the public sector, buying the majority of their goods and services from independent businesses which are based here in Norfolk. I don't think that is too much to ask, do you?



Peter Bussey

As a member I had made the most of the Directory exposure, taken advantage of cost effective stand space in the BLN marquee at the Royal Norfolk Show and frequently attended the free monthly networking events. When the opportunity to volunteer as a director presented, to add to the existing strengths of the leadership team I stood by my motto 'if you want something doing – ask a busy person' and stepped forward (to the dismay of my wife!). I assist with my financial knowledge and personal understanding of the 'pain points' small business owners experience, helping to find ways BLN can further help and support our members.

Tom Holmes

I joined the board of Buy Local Directors because I believe that independent, local traders are vital to the economic strength and the identity of our local Norfolk communities. There are many benefits to businesses working together and I'm proud to play a small part in that collaboration. I have a background working in Economic Development and supporting SME's with a particular interest in using social media to help businesses increase their marketing reach.



Richard Evans

I joined the board of BLN because I wanted to continue the work of previous directors to preserve the independence and individuality of Norfolk's towns and villages. My accountancy background enabled me to take over the Treasury role. The most enjoyable part of my role is meeting and interviewing members at the various exhibitions we host to show people the faces behind our local businesses.



Kerry Ellis

With my event and fundraising background I offer a wealth of skills and knowledge that I felt would be a valuable asset to the existing team of directors. The impact of the pandemic on local businesses, my own included, further motivated me to pursue the role as a way to help other businesses to rebuild, keep up morale and make change happen!



Paul Knock

Born and bred in Essex, I moved up to Norfolk in 2016. My passion is working with small independent businesses and helping them get to grips with the latest technology to help them thrive and boost efficiency, so what better place to move to than to Norfolk which has one of the highest concentrations of small independent businesses in the country. Having been a member of BLN for a few years, it made sense to become a director as their core values and passion align with my own. It was a great achievement to set up and create the BLN shop in a very short space of time, putting the foundations down for a new online platform to support small Norfolk businesses for many years to come.

THANK YOU

Thanks to our supporter member The Enterprise Centre at the UEA. They offer our members support in various ways, and have been very helpful in providing us with a virtual tenancy this year. To Broadland District Council and North Norfolk District Council who also continue to support us in various ways.

To Emma and her team at Example Marketing who have not only collated this directory but are also working hard on a rebrand for us! You've been a great support over the years and we are very grateful for your expertise and patience!

To Chris Rea at Barnwell Print for helping us to reduce our carbon footprint by using carbon balanced paper to print our directories this year!

Thanks to Anne Gillion of ASG Editorial for her assistance with proofreading member blogs and supporting our kickstart recruits with their articles, offering feedback and guidance. To Sarah at Ignite, for her help and expertise during our Kickstart training day.

To Martin Lake for his continued support and allowing us to store all our large pieces of equipment in his garage.

Thanks to Missy, who has worked tirelessly to bring Buy Local Norfolk so far in the last year and thanks to our team of Directors for their continued hard work. Our directors all volunteer their time to the role and receive no expenses or payment for what they do.

Thanks to our members for continuing to support us and finally, thanks to you. By picking up this Directory and looking through it, you are hopefully finding a truly local business which you will be contacting, keeping the local economy going from strength to strength.



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